



## Lesson Fourteen

### Cross-Curricular Activities and Resources:

1. **Science: Marvelous Mistakes** – To help students reframe “mistakes” share with them an example of innovation or discovery that happened when things didn’t go as planned. For example, you could tell students the story of how the glue for removable sticky notes was invented. A scientist was trying to make a super-strong glue for building aircraft. Instead, he made a very weak glue. Later, another scientist used the glue on a piece of paper to make a bookmark and realized its potential. Sticky notes were born! You can follow this discussion with a sticky note activity, such as a letter match activity in which students are given sticky notes with capital letters written on them and must match them to small letters written on a board.
2. **Language Arts: Storytelling Circle** – Students can practice creativity and openness by participating in a storytelling circle. Start the circle with a prompt, such as “The other day I got so frustrated! Nothing was going right.” The next person in the circle can add a sentence to continue the story, and then the next. Collaborative creative exercises such as these help students stay in the moment and respond to one another instead of becoming attached to their own particular idea about how a story will go.
3. **Physical Education: Silly Twist** – To help students let go of tension before or after an activity that may cause frustration, have students practice the following exercise: Students plant their feet on the floor, hip width apart, with a soft bend in the knee. Then they start to gently rotate their torsos to the left and right so that their arms start to swing. Encourage students to relax their arms so that the arms swing from the movement of their bodies, not from the action of arm muscles. As students continue to rotate back and forth, their arms will start to gently slap their bodies. Encourage students to “let go” and enjoy the inherent silliness of this movement.
4. **Music: Repeat After Me** – Lead students in a singalong. Choose a song with actions, such as “Princess Pat” or “Head, Shoulders, Knees, and Toes.” Before beginning, acknowledge that it may be challenging to follow all of the actions. Encourage students to focus on the fun, instead of worrying about doing the actions perfectly.
5. **Art: Creative Collage** – Provide students with a sheet of sturdy paper, glue and scissors, along with a variety of materials such as pages from magazines, scraps of fabric, pieces of foil, leaves, feathers, buttons, and pipe cleaners. Encourage students to choose one item that they find pleasing and glue it to their page. When ready, ask them to choose another and add it to the page. Repeat several times, prompting students to notice and enjoy the texture, color, and shape of each item. Then have students continue on their own, choosing items to add one by one. Suggest to students that they allow themselves to be guided by the process of choosing items and enjoying how their picture develops, instead of thinking about how the final picture will look.