



# Lesson Sixteen

## Cross-Curricular Activities and Resources:

- 1. Science: Grow Your Own Butterfly** - Acquire a butterfly garden kit. Have your students help you set it up. It will allow them to observe as caterpillars grow, form chrysalises, and then emerge as butterflies. Compare parts of the “Cleo the Brave” story to the stages the caterpillars in the kit move through.
- 2. Math: Metamorphosis Math** - This activity can accompany the “Grow Your Own Butterfly” science activity. At the point of each butterfly’s life cycle when it encloses itself in a chrysalis, have students observe the chrysalis and count the number of days until the butterfly emerges. Have students compare the difference in days between individual chrysalises. If students have not yet learned subtraction, have them use small objects (such as paper clips) to calculate the difference in days.
- 3. Music: Kindness Rocks!** - Play students a song that talks about kindness, either to oneself or to others (or, preferably, to both). So students can follow along as the song plays, display the lyrics or give students printed copies of the lyrics. After the song has ended, discuss it with students. Ask them what the song teaches about being kind to oneself and/or to others. If playing a song is not an option, have students write their own lyrics for a song about kindness. Ask volunteers to share their lyrics.
- 4. Language Arts: Kindness Storytelling** - Pair up students and have them work together to make up a story about a person who is doing a challenging activity. Have them come up with kind things the person could say to themselves. Then, have them add another person to the story who provides encouragement and support to the person doing the activity. If time permits, ask for volunteers to share their story with the class.
- 5. Art: Kindness Fair** - Give each student a large piece of paper. Provide crayons, markers, or colored pencils. Ask students to draw their own version of the End of Season Festival in the “Cleo the Brave” story, but tell them this event is called the “Kindness Fair.” Ask them to add anything—a booth, a musical act, a game—that involves positive self-talk and/or encouragement of others. Have them share their pictures with the class.