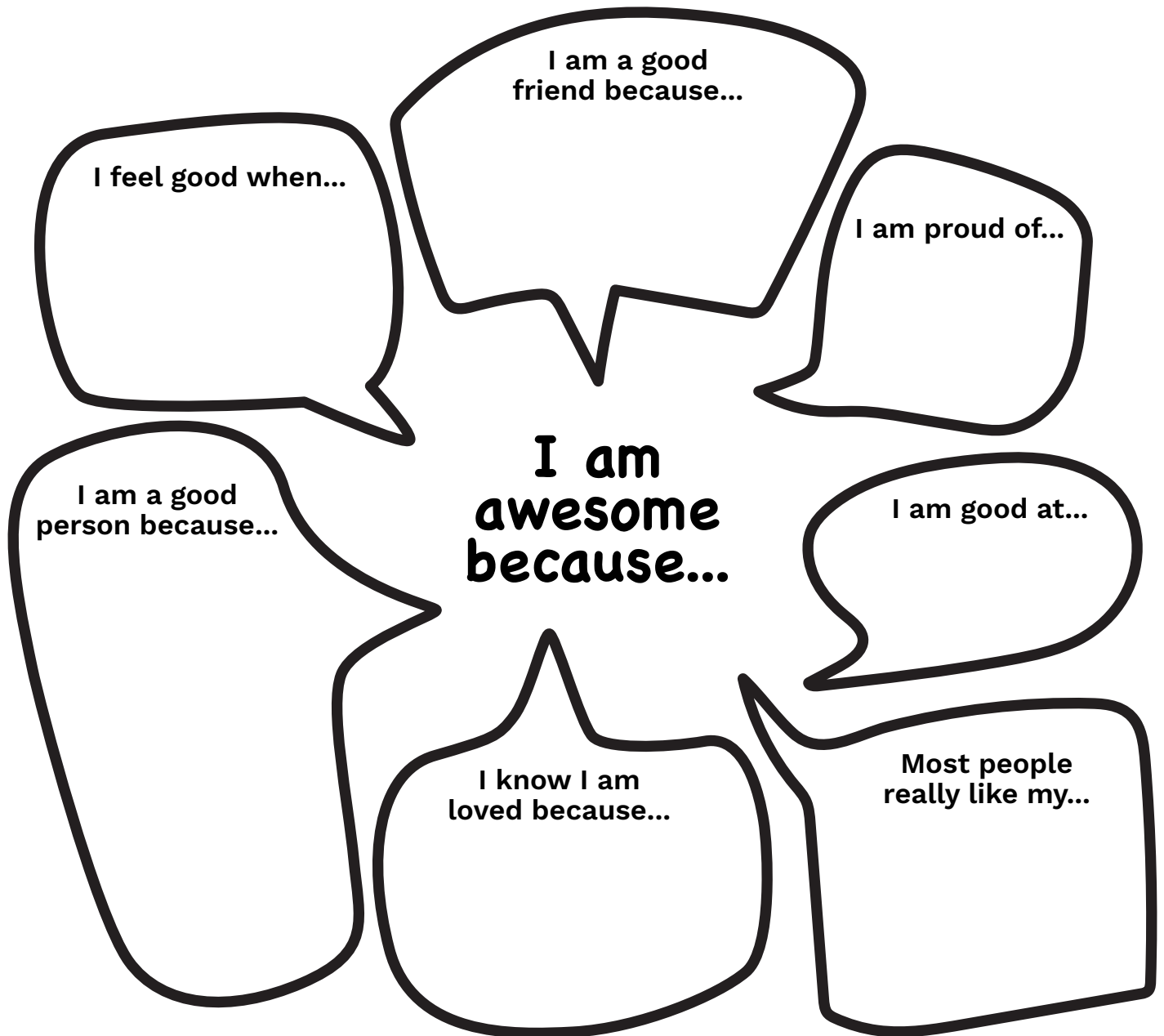


## Compliments to Myself

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I feel good when...

I am a good friend because...

I am proud of...

I am good at...

Most people really like my...

I know I am loved because...

**I am awesome because...**



### CAREGIVERS!

Ask your student to teach you hugging breath.

**A summary of today's lesson!**

