

**CAREGIVERS!**

Ask your student about the kindness ripple effect.

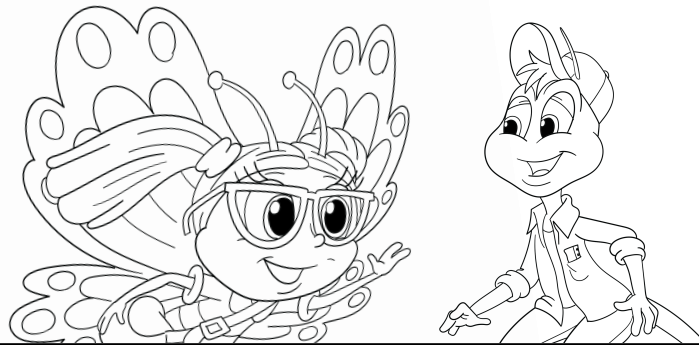
A summary of today's lesson! ↗



Start a ripple of

# KINDNESS

Fill in the blanks with your own ideas for spreading kindness. Then color the poster and cut along the dotted lines. Hang these where you can tear one off as you spread kindness.



Offer to help a friend tidy up their desk.

Compliment a friend on something they did well.

Write a positive note and leave it in a friend's backpack.

Include someone new in your game during recess.

Ask a classmate how their day is going and really listen.

Invite a friend to join you for lunch.