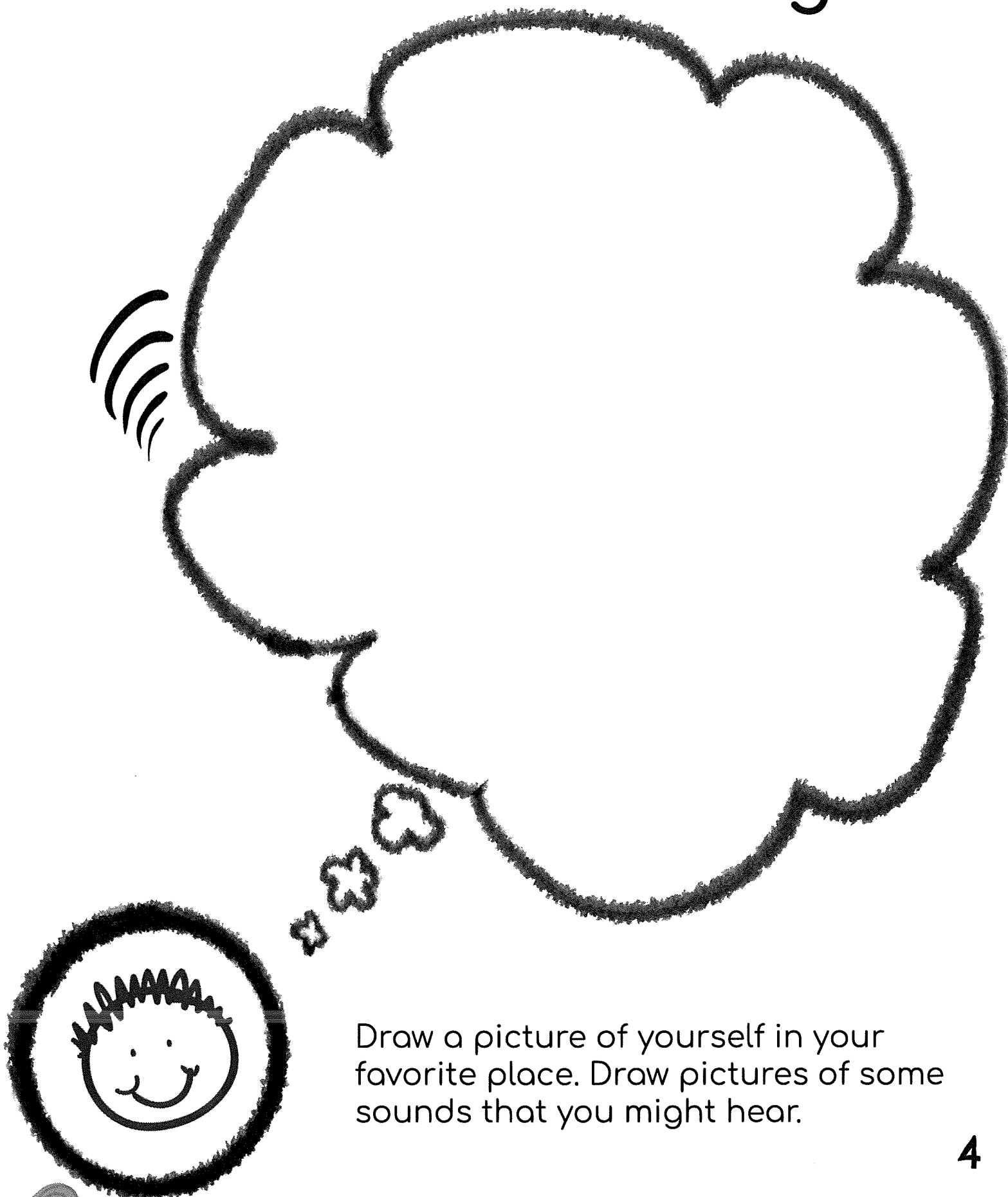


Mindful Listening



Draw a picture of yourself in your favorite place. Draw pictures of some sounds that you might hear.