



Mind Body Align: Labyrinth Adventures Storybook Kits

About Mind Body Align

Organization Name: Mind Body Align LLC

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Is Mind Body Align a 501(c)(3)? NO

Federal Tax ID: 47- 4879681

Year Founded: 2015

Mission Statement & Core Purpose

Mind Body Align develops science-based programs, curriculums, and storybooks tailored for educational settings. Its tools enhance focus, self-regulation, and well-being in children. Through practical strategies embedded in storytelling and routines, they aim to foster emotional resilience, reduce behavioral challenges, and promote whole-child development.

History with Schools & Communities

Mind Body Align has developed and implemented social emotional learning curriculums across K–6 grade levels, partnering with educators to deliver impactful programming in schools in Mansfield, Ohio. Its curriculum is rooted in instructional design best practices and written by licensed educators to align with both academic and social emotional learning frameworks.



Alignment with the Ohio Department of Education - Labyrinth Adventures Storybook Kits align with the Ohio Strategic Plan for Education (2019–2024) and the Whole Child Framework, supporting:

- Social and emotional wellness
- Safe and supportive learning environments
- Ohio’s K–12 Social and Emotional Learning Standards
- Academic and behavioral outcomes through trauma-informed, choice-based practices

Purpose

Labyrinth Adventures is a science-based, story-driven program that helps children in grades K–3 (ages 5 - 9) develop essential life skills like emotional regulation, positive self-talk, empathy, compassion, and resilience. Through colorful characters and immersive lessons, the storybooks help children build focus, express emotions, navigate challenges, and grow into compassionate, thoughtful learners.

The Problems It Solves

- Increasing behavioral incidents
- Difficulty focusing and self-regulating
- Limited Tier 1, 2, & 3 social and emotional learning resources
- Lack of consistent emotional vocabulary across classrooms
- Provides a universal, accessible, and engaging SEL solution.

Target Audience

PreK–3rd Grade (Ages 5 – 9)

General education and special populations

Adaptable to classrooms, small groups, library programs, counseling programs, or after-school enrichment

Structure & Duration

Each storybook kit contains Sixteen (16) illustrated books that also contain 15-20 minute core lessons, which can be delivered weekly or bi-weekly.

Who Delivers the Program

Classroom teachers

School Counselors

Homeschool Leaders

Storytime Facilitators

Certified MBA facilitators (optional for direct delivery)



Outcomes & Objectives

Children will be able to:

- Identify and label emotions
- Use self-regulation tools - breath work, movement, reflection
- Practice empathy and kindness
- Develop positive internal dialogue
- Reduce emotional reactivity and increase focus

Alignment with National SEL Standards

Each lesson supports the five SEL competencies:

- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Skills
- Responsible Decision-Making

Evidence-Based Foundation

- Aligned with CASEL core competencies
- Supported by brain science and trauma-informed instruction
- Reflective learning, breathing strategies, and emotion regulation
- Designed by educators and instructional designers
- Aligned with MTSS / PBIS / SEL goals

Budget Snapshot

Program Cost: \$495 per grade level kit

Costs typically include:

16 Hardcover storybooks

Posters

Practice cards

Emotional check-in options

Access to video storybooks

Digital access to all materials

Downloadable activity sheets

Parent handouts with digital support materials

Email support from Mind Body Align Education team

Client retains access to all materials, digital platform, and all training

Materials can be used year after year (including digital access to all consumable materials)

Skills and language become embedded in daily routines



Evidence of Impact

Expected Outcomes

- Stronger emotional vocabulary
- Improved regulation and problem-solving
- Increased empathy and peer connection
- Decreased disruptions and reactive behavior

Measurement Tools

- Educator observation checklists
- Student reflections and journal entries
- Pre/post discussion prompts
- Optional behavior tracking forms

Staff Support

- Educator reflection prompts
- Equity-based facilitation guidance

Sustainability & Community Impact

- Educator Collaboration
- Lessons require minimal prep
- Built-in prompts and flexibility support effortless integration

Family Engagement

- Take-home reflection pages
- Suggested family activities
- Shared SEL vocabulary with families

School & District Benefits

- Strengthened school climate
- Shared SEL strategies across classrooms
- Reduced behavioral referrals
- Aligned with MTSS / PBIS / SEL goals



“ She’s even telling me to breathe when I get frustrated!”

— Becky, Parent

Each Storybook Kit Includes:

- 16 Hardback lesson books (include illustrated stories & complete lessons)
- 7 classroom posters
- 5-6 breath practice cards
- 1-2 Interactive games

Digital Access to:

- Activity pages for students
- Family Connections landing page
- Cross curricular activities



Be the hero who brings SEL back to kids in your community.

Order today! | \$495 per kit*

[MindBodyAlign.com](https://www.MindBodyAlign.com)

*Bulk pricing available

Our storybooks work in storytime, afterschool programs, small groups, or homeschool settings.

Each book reinforces literacy skills while building empathy and resilience!

RESULTS THAT SAY IT ALL



Student Outcomes

100% of students said the lessons helped them and they'd recommend it to friends.

Students use what they've learned to calm down during tests, at bedtime, or with peers.



Parent Outcomes

100% of parents reported their children use techniques at home (gratitude, breathing, kindness, self-talk).

Parents observed more kindness, self-regulation, and confidence.



Educator Outcomes

100% of educators plan to continue using the tools

Teachers reported 11–20 more teachable minutes per day after the program.

Request for Taxpayer Identification Number and Certification

Go to www.irs.gov/FormW9 for instructions and the latest information.

**Give form to the
requester. Do not
send to the IRS.**

Before you begin. For guidance related to the purpose of Form W-9, see *Purpose of Form*, below.

Print or type. See Specific Instructions on page 3.	1	Name of entity/individual. An entry is required. (For a sole proprietor or disregarded entity, enter the owner's name on line 1, and enter the business/disregarded entity's name on line 2.)		
	2	Business name/disregarded entity name, if different from above.		
	3a	Check the appropriate box for federal tax classification of the entity/individual whose name is entered on line 1. Check only one of the following seven boxes.		4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3): Exempt payee code (if any) _____ Exemption from Foreign Account Tax Compliance Act (FATCA) reporting code (if any) _____ <i>(Applies to accounts maintained outside the United States.)</i>
	<input type="checkbox"/> Individual/sole proprietor <input type="checkbox"/> C corporation <input type="checkbox"/> S corporation <input type="checkbox"/> Partnership <input type="checkbox"/> Trust/estate <input type="checkbox"/> LLC. Enter the tax classification (C = C corporation, S = S corporation, P = Partnership) _____ Note: Check the "LLC" box above and, in the entry space, enter the appropriate code (C, S, or P) for the tax classification of the LLC, unless it is a disregarded entity. A disregarded entity should instead check the appropriate box for the tax classification of its owner.			
	<input type="checkbox"/> Other (see instructions) _____			
	3b	If on line 3a you checked "Partnership" or "Trust/estate," or checked "LLC" and entered "P" as its tax classification, and you are providing this form to a partnership, trust, or estate in which you have an ownership interest, check this box if you have any foreign partners, owners, or beneficiaries. See instructions <input type="checkbox"/>		
	5	Address (number, street, and apt. or suite no.). See instructions.		Requester's name and address (optional)
6	City, state, and ZIP code			
7	List account number(s) here (optional)			

Part I Taxpayer Identification Number (TIN)

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN*, later.

Social security number									
				-					
or									
Employer identification number									

Note: If the account is in more than one name, see the instructions for line 1. See also *What Name and Number To Give the Requester* for guidelines on whose number to enter.

Part II Certification

Under penalties of perjury, I certify that:

1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
2. I am not subject to backup withholding because (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
3. I am a U.S. citizen or other U.S. person (defined below); and
4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and, generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

Sign Here	Signature of U.S. person		Date 11/13/2025
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General Instructions

Section references are to the Internal Revenue Code unless otherwise noted.

Future developments. For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to www.irs.gov/FormW9.

What's New

Line 3a has been modified to clarify how a disregarded entity completes this line. An LLC that is a disregarded entity should check the appropriate box for the tax classification of its owner. Otherwise, it should check the "LLC" box and enter its appropriate tax classification.

New line 3b has been added to this form. A flow-through entity is required to complete this line to indicate that it has direct or indirect foreign partners, owners, or beneficiaries when it provides the Form W-9 to another flow-through entity in which it has an ownership interest. This change is intended to provide a flow-through entity with information regarding the status of its indirect foreign partners, owners, or beneficiaries, so that it can satisfy any applicable reporting requirements. For example, a partnership that has any indirect foreign partners may be required to complete Schedules K-2 and K-3. See the Partnership Instructions for Schedules K-2 and K-3 (Form 1065).

Purpose of Form

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS is giving you this form because they